

2023 Summary of Benefits

Blue Advantage (HMO)

H6453 - 008-1

Blue Advantage (HMO)

H6453 - 008-2

Blue Advantage (HMO)

H6453 - 011

Our plans and service areas:

H6453 - 008-1 Blue Advantage (HMO) includes the following parishes: Jefferson, Lafourche, Orleans, St. Charles, Terrebonne.

H6453 - 008-2 Blue Advantage (HMO) includes the following parishes: Assumption, Plaquemines, St. Bernard, St. James, St. John the Baptist.

H6453 - 011 Blue Advantage (HMO) is available statewide in Louisiana.

Blue Advantage (HMO) is a product of HMO Louisiana, Inc., a subsidiary of Blue Cross and Blue Shield of Louisiana, an independent licensee of the Blue Cross Blue Shield Association.

Blue Advantage from Blue Cross and Blue Shield of Louisiana HMO is an HMO plan with a Medicare contract. Enrollment in Blue Advantage depends on contract renewal.

This is a summary of drug and health services covered by Blue Advantage (HMO) from January 1, 2023 - December 31, 2023.

Blue Advantage from Blue Cross and Blue Shield of Louisiana HMO is an HMO plan with a Medicare contract. Enrollment in Blue Advantage depends on contract renewal. Enrollment in either Blue Advantage plan depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please call Customer Service and request the *Evidence of Coverage*.

You have choices about how to get your Medicare benefits

- One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the Federal government.
- Another choice is to get your Medicare benefits by joining a Medicare Advantage health plan, such as Blue Advantage.

Tips for comparing your Medicare choices:

This Summary of Benefits booklet gives you a summary of what Blue Advantage covers and what you pay.

- If you want to compare our plan with other Medicare Advantage health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder at www.medicare.gov/plan-compare.
- If you want to know more about the coverage and costs of Original Medicare, look in your current “**Medicare & You**” handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Contact us

Please contact our Customer Service number at 1-866-508-7145 for additional information. (TTY users should call 711.) Our phone lines are open 8 a.m. to 8 p.m. CST, 7 days a week from October – March and 8 a.m. to 8 p.m. CST, Monday – Friday from April – September. You may also visit our website at www.bcbsla.com/blueadvantage.

Who can join?

To join Blue Advantage (HMO), you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

Which doctors, hospitals, and pharmacies can I use?

Blue Advantage (HMO) has a network of doctors, hospitals, pharmacies, and other providers that can be found on our website at www.bcbsla.com/blueadvantage. If you use providers that are not in our network, the plan may not pay for these services.

What do we cover?

Like all Medicare Advantage health plans, we cover everything that Original Medicare covers - *and more*.

- **Our plan members get *all of the benefits covered by Original Medicare*.** For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less.
- **Our plan members also get *more than what is covered by Original Medicare*.** Some of the extra benefits are outlined in this booklet.

What drugs do we cover?

We cover Part D drugs. In addition, we cover Part B drugs such as most oral chemotherapy and some drugs administered by your provider.

- You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, www.bcbsla.com/blueadvantage.
- Or call us and we will send you a copy of the formulary.

How will I determine my drug costs?

Our plan groups each prescription drug into one of five "tiers." You will need to use our formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you have reached. Later in this document we discuss the benefit stages that occur after you meet your deductible, if applicable: Initial Coverage, Coverage Gap, and Catastrophic Coverage. If you have questions about the different benefit stages, please contact the Plan for more information or access the *Evidence of Coverage* on our website.

This document is available in other formats such as Braille and large print. This document may be available in a non-English language. Please contact our Customer Service number at 1-866-508-7145 for additional information. (TTY users should call 711.) Our phone lines are open 8 a.m. to 8 p.m. CST, 7 days a week from October – March and 8 a.m. to 8 p.m. CST, Monday – Friday from April – September. You may also visit our website at www.bcbsla.com/blueadvantage.

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
Monthly plan premium	\$0 You must keep paying your Medicare Part B premium.	\$0 You must keep paying your Medicare Part B premium.	\$0 You must keep paying your Medicare Part B premium.
Part B Premium Reduction	Not available	Not available	This plan offers a \$30 give back every month in your Social Security check.
Medical Deductible	\$0 per year	\$0 per year	\$0 per year
Maximum out-of-pocket amount <i>(does not include Part D prescription drugs)</i>	\$6,700 per year	\$6,700 per year	\$7,550 per year
Inpatient Hospital coverage	In-Network \$125 copay each day for days 1 to 10 and \$0 copay each day for days 11 to 90 for Medicare-covered hospital care. \$0 copay for an additional Medicare-covered 60 lifetime reserve days. <i>Prior Authorization is required.</i>	In-Network \$125 copay each day for days 1 to 10 and \$0 copay each day for days 11 to 90 for Medicare-covered hospital care. \$0 copay for an additional Medicare-covered 60 lifetime reserve days. <i>Prior Authorization is required.</i>	In-Network \$350 copay each day for days 1 to 7 and \$0 copay each day for days 8 to 90 for Medicare-covered hospital care. \$0 copay for an additional Medicare-covered 60 lifetime reserve days. <i>Prior Authorization is required.</i>

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
Outpatient Hospital coverage	Observation Services coverage applies only if you are under Observation status.		
Outpatient hospital services	In-Network \$200 copay or a 20% coinsurance <i>Prior Authorization is required.</i>	In-Network \$200 copay or a 20% coinsurance <i>Prior Authorization is required.</i>	In-Network \$75 - \$300 copay <i>Prior Authorization is required.</i>
Outpatient hospital observation services	In-Network \$125 copay per day <i>Prior Authorization is required.</i>	In-Network \$125 copay per day <i>Prior Authorization is required.</i>	In-Network \$350 copay per day <i>Prior Authorization is required.</i>
Ambulatory Surgical Center (ASC)	In-Network \$200 copay <i>Prior Authorization is required.</i>	In-Network \$200 copay <i>Prior Authorization is required.</i>	In-Network \$300 copay <i>Prior Authorization is required.</i>
Doctor Visits			
Primary Care Provider visit	In-Network \$0 copay	In-Network \$0 copay	In-Network \$0 copay
Specialist visit	In-Network \$40 copay	In-Network \$40 copay	In-Network \$50 copay

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
<p>Preventive Care Our plan covers many preventive services, including:</p> <ul style="list-style-type: none"> • Abdominal aortic aneurysm screening • Annual wellness visit • Bone mass measurement • Breast cancer screening (mammogram) • Cervical and vaginal cancer screening • Cologuard or FOBT colorectal screenings • Colonoscopy and all other colorectal screenings • Diabetes screenings • Glaucoma screenings • Prostate cancer screenings (PSA) • Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease) • Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots • "Welcome to Medicare" preventive visit (one-time) <p>Other preventive services are available. Any additional preventive services approved by Medicare during the contract year will be covered.</p>	<p>In-Network \$0 copay</p>	<p>In-Network \$0 copay</p>	<p>In-Network \$0 copay</p>
<p>Emergency care Emergency coverage is worldwide, but the copay is not waived if you are admitted to a hospital outside of the United States.</p>	<p>\$90 copay Copay is waived if you are admitted to a hospital within 72 hours.</p>	<p>\$90 copay Copay is waived if you are admitted to a hospital within 72 hours.</p>	<p>\$90 copay Copay is waived if you are admitted to a hospital within 72 hours.</p>

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
Urgently Needed Services (Urgent Care)	\$40 copay inside of the United States	\$40 copay inside of the United States	\$50 copay inside of the United States
Diagnostic Services/Labs/Imaging	Authorization rules may apply for certain outpatient diagnostic procedures, X-rays, or tests.		
Diagnostic tests and procedures	In-Network \$0 - \$30 copay <i>Prior Authorization may be required.</i>	In-Network \$0 - \$30 copay <i>Prior Authorization may be required.</i>	In-Network \$0 - \$30 copay <i>Prior Authorization may be required.</i>
Diagnostic radiology services (e.g. MRI, CT Scan)	In-Network \$0 copay for mammograms \$40 copay for Holter Monitors \$175 copay for all other diagnostic radiology services <i>Prior Authorization may be required.</i>	In-Network \$0 copay for mammograms \$40 copay for Holter Monitors \$175 copay for all other diagnostic radiology services <i>Prior Authorization may be required.</i>	In-Network \$0 copay for mammograms \$350 copay for all other diagnostic radiology services <i>Prior Authorization may be required.</i>
Lab services	In-Network \$0 copay <i>Prior Authorization may be required.</i>	In-Network \$0 copay <i>Prior Authorization may be required.</i>	In-Network \$0 copay <i>Prior Authorization may be required.</i>
Outpatient X-rays	In-Network \$35 copay <i>Prior Authorization may be required.</i>	In-Network \$35 copay <i>Prior Authorization may be required.</i>	In-Network \$75 copay <i>Prior Authorization may be required.</i>
Therapeutic Radiology	In-Network \$45 copay <i>Prior Authorization may be required.</i>	In-Network \$45 copay <i>Prior Authorization may be required.</i>	In-Network 20% coinsurance <i>Prior Authorization may be required.</i>
Hearing services			
Exam to diagnose and treat hearing and balance issues	In-Network \$10 copay	In-Network \$10 copay	In-Network \$10 copay

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
Routine hearing exam	Limited to 1 visit(s) every year In-Network \$10 copay	Limited to 1 visit(s) every year In-Network \$10 copay	Limited to 1 visit(s) every year In-Network \$10 copay
Fitting-evaluation(s) for hearing aids	Limited to 1 visit(s) every year In-Network \$0 copay	Limited to 1 visit(s) every year In-Network \$0 copay	Limited to 1 visit(s) every year In-Network \$0 copay
Hearing aids	\$0 copay up to a \$500 maximum benefit coverage amount loaded to your Blue Advantage Flex Card for both ears combined every year for hearing aids.	\$0 copay up to a \$500 maximum benefit coverage amount loaded to your Blue Advantage Flex Card for both ears combined every year for hearing aids.	\$0 copay up to a \$500 maximum benefit coverage amount loaded to your Blue Advantage Flex Card for both ears combined every year for hearing aids.
Dental services	Up to a \$1,200 combined maximum benefit coverage amount every year for all preventive and basic dental services.	Up to a \$1,200 combined maximum benefit coverage amount every year for all preventive and basic dental services.	Up to a \$1,200 combined maximum benefit coverage amount every year for all preventive and basic dental services.
Preventive dental services			
Oral Exams	Limited to 2 oral exam(s) every year In-Network \$0 copay	Limited to 2 oral exam(s) every year In-Network \$0 copay	Limited to 2 oral exam(s) every year In-Network \$0 copay
Prophylaxis (Cleaning)	Limited to 2 cleaning(s) every year In-Network \$0 copay	Limited to 2 cleaning(s) every year In-Network \$0 copay	Limited to 2 cleaning(s) every year In-Network \$0 copay

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
Dental X-rays	Limited to 1 set(s) of horizontal bitewing x-rays every year In-Network \$0 copay	Limited to 1 set(s) of horizontal bitewing x-rays every year In-Network \$0 copay	Limited to 1 set(s) of horizontal bitewing x-rays every year In-Network \$0 copay
Basic dental services	In-Network 0% coinsurance	In-Network 0% coinsurance	In-Network 0% coinsurance
Vision care			
Exam to diagnose and treat diseases and conditions of the eye	In-Network \$40 copay	In-Network \$40 copay	In-Network \$50 copay
Diabetic eye exams	In-Network \$0 copay	In-Network \$0 copay	In-Network \$0 copay
Eyeglasses or contact lenses after cataract surgery	In-Network \$0 copay	In-Network \$0 copay	In-Network \$0 copay
Glaucoma screening	In-Network \$0 copay	In-Network \$0 copay	In-Network \$0 copay
Routine eye exam	Limited to 1 visit(s) every year In-Network \$0 copay	Limited to 1 visit(s) every year In-Network \$0 copay	Limited to 1 visit(s) every year In-Network \$0 copay
Supplemental eyewear Contact lenses Eyeglass lenses Eyeglass frames Eyeglasses (lenses and frames) Upgrades	\$0 copay up to a \$225 combined maximum benefit coverage amount loaded to your Blue Advantage Flex Card every year. Retailer restrictions may apply.	\$0 copay up to a \$225 combined maximum benefit coverage amount loaded to your Blue Advantage Flex Card every year. Retailer restrictions may apply.	\$0 copay up to a \$225 combined maximum benefit coverage amount loaded to your Blue Advantage Flex Card every year. Retailer restrictions may apply.

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
Mental Health Services			
Inpatient stay	In-Network \$125 copay each day for days 1 to 10 and \$0 copay each day for days 11 to 90 for Medicare-covered hospital care. \$0 copay for an additional Medicare-covered 60 lifetime reserve days. <i>Prior Authorization is required.</i>	In-Network \$125 copay each day for days 1 to 10 and \$0 copay each day for days 11 to 90 for Medicare-covered hospital care. \$0 copay for an additional Medicare-covered 60 lifetime reserve days. <i>Prior Authorization is required.</i>	In-Network \$265 copay each day for days 1 to 7 and \$0 copay each day for days 8 to 90 for Medicare-covered hospital care. \$0 copay for an additional Medicare-covered 60 lifetime reserve days. <i>Prior Authorization is required.</i>
Outpatient group therapy visit	In-Network \$40 copay <i>Prior Authorization is required.</i>	In-Network \$40 copay <i>Prior Authorization is required.</i>	In-Network \$40 copay <i>Prior Authorization is required.</i>
Outpatient individual therapy visit	In-Network \$40 copay <i>Prior Authorization is required.</i>	In-Network \$40 copay <i>Prior Authorization is required.</i>	In-Network \$40 copay <i>Prior Authorization is required.</i>
Skilled nursing facility (SNF) care Our plan covers up to 100 days in a Skilled Nursing Facility. Three-day prior hospital stay is required.	In-Network \$0 copay each day for days 1 to 20 and \$165 copay each day for days 21 to 100 for Medicare-covered skilled nursing facility care. <i>Prior Authorization is required.</i>	In-Network \$0 copay each day for days 1 to 20 and \$165 copay each day for days 21 to 100 for Medicare-covered skilled nursing facility care. <i>Prior Authorization is required.</i>	In-Network \$0 copay each day for days 1 to 20 and \$165 copay each day for days 21 to 100 for Medicare-covered skilled nursing facility care. <i>Prior Authorization is required.</i>

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
Physical Therapy Cost share applies to each Medicare-covered therapy visit. Separate cost share will apply for each type of therapy services rendered on the same day.	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>
Ambulance services Ground Ambulance Copay applies to each one-way trip. Air Ambulance Copay applies to each one-way trip.	In-Network \$260 copay <i>Prior Authorization may be required.</i> In-Network \$260 copay <i>Prior Authorization is required.</i>	In-Network \$260 copay <i>Prior Authorization may be required.</i> In-Network \$260 copay <i>Prior Authorization is required.</i>	In-Network \$300 copay <i>Prior Authorization may be required.</i> In-Network \$300 copay <i>Prior Authorization is required.</i>
Transportation	In-Network <u>Not covered</u>	In-Network <u>Not covered</u>	In-Network <u>Not covered</u>
Medicare Part B prescription drugs Chemotherapy/Radiation drugs Other Part B drugs	In-Network 20% coinsurance <i>Prior Authorization is required.</i> In-Network 20% coinsurance <i>Prior Authorization may be required.</i>	In-Network 20% coinsurance <i>Prior Authorization is required.</i> In-Network 20% coinsurance <i>Prior Authorization may be required.</i>	In-Network 20% coinsurance <i>Prior Authorization is required.</i> In-Network 20% coinsurance <i>Prior Authorization may be required.</i>

Prescription Drug Coverage	Blue Advantage (HMO) 008-1 & 008-2			Blue Advantage (HMO) 011		
Stage 1: Annual Prescription Deductible						
Deductible	\$0 prescription drug deductible			\$195 prescription drug deductible applies to drugs in Tier 3, Tier 4, and Tier 5		
Stage 2: Initial Coverage (after you meet your deductible, if applicable)						
You pay the following until your total yearly drug costs reach \$4,660. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.						
Preferred Retail and Mail-Order Cost-Sharing*						
	1-month supply	2-month supply	3-month supply	1-month supply	2-month supply	3-month supply
Tier 1 (Preferred Generics)	\$3	\$6	\$0	\$3	\$6	\$0
Tier 2 (Generics)	\$12	\$24	\$36	\$12	\$24	\$36
Tier 3** (Preferred Brand)	\$45	\$90	\$135	\$45	\$90	\$135
Tier 4 (Non-Preferred Drug)	\$100	\$200	\$300	\$100	\$200	\$300
Tier 5 (Specialty)	33%	Not Offered	Not Offered	29%	Not Offered	Not Offered
*If you reside in a long-term care facility, you pay the same as at a preferred retail pharmacy. **Some generics may be included on Tier 3.						

Prescription Drug Coverage	Blue Advantage (HMO) 008-1 & 008-2			Blue Advantage (HMO) 011		
	1-month supply	2-month supply	3-month supply	1-month supply	2-month supply	3-month supply
Standard Retail and Mail-Order Cost-Sharing						
Tier 1 (Preferred Generics)	\$10	\$20	\$30	\$10	\$20	\$30
Tier 2 (Generics)	\$18	\$36	\$54	\$18	\$36	\$54
Tier 3** (Preferred Brand)	\$47	\$94	\$141	\$47	\$94	\$141
Tier 4 (Non-Preferred Drug)	\$100	\$200	\$300	\$100	\$200	\$300
Tier 5 (Specialty)	33%	Not Offered	Not Offered	29%	Not Offered	Not Offered
<p>If an in-network pharmacy is not available, you may get drugs from an out-of-network pharmacy. Your prescription cost may be more at an out-of-network pharmacy than at an in-network pharmacy.</p> <p>**Some generics may be included on Tier 3.</p>						
Stage 3: Coverage Gap						
<p>Most Medicare drug plans have a coverage gap (also called the “donut hole”). The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$4,660.</p> <p>After you enter the coverage gap, you will continue to pay your regular copay for Tier 1 and Tier 2 generics. For drugs in Tiers 3, 4, and 5 you will pay 25% of the plan’s cost for covered generic drugs and 25% of the plan’s cost for covered brand-name drugs until your true out-of-pocket costs total \$7,400. Not everyone will enter the coverage gap.</p>						
Stage 4: Catastrophic Coverage						
<p>After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$7,400, you pay the greater of:</p> <ul style="list-style-type: none"> • 5% coinsurance, or • \$4.15 copay for generic drugs (including brand drugs treated as generic) and a \$10.35 copay for all other drugs. 						

Cost-sharing may differ based on point-of-service (mail-order, retail, Long Term Care (LTC)), home infusion, whether the pharmacy is in our preferred or standard network, or whether the prescription is a short-term (1-month supply) or long-term (3-month supply).

Other Covered Benefits

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
Cardiac (Heart) Rehabilitation Services	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>
Chiropractic services	In-Network \$20 copay <i>Prior Authorization is required.</i>	In-Network \$20 copay <i>Prior Authorization is required.</i>	In-Network \$20 copay <i>Prior Authorization is required.</i>
Diabetic monitoring supplies	In-Network \$0 copay	In-Network \$0 copay	In-Network \$0 copay
Diabetes Self-Management Training	In-Network \$0 copay	In-Network \$0 copay	In-Network \$0 copay
Diabetic therapeutic shoes or inserts	In-Network \$0 copay <i>Prior Authorization is required.</i>	In-Network \$0 copay <i>Prior Authorization is required.</i>	In-Network \$0 copay <i>Prior Authorization is required.</i>
Durable medical equipment (DME) and related supplies	In-Network 20% coinsurance <i>Prior Authorization is required.</i>	In-Network 20% coinsurance <i>Prior Authorization is required.</i>	In-Network 20% coinsurance <i>Prior Authorization is required.</i>
Podiatry services (foot care)	In-Network \$40 copay	In-Network \$40 copay	In-Network \$50 copay
Home health agency care	In-Network \$0 copay <i>Prior Authorization is required.</i>	In-Network \$0 copay <i>Prior Authorization is required.</i>	In-Network \$0 copay <i>Prior Authorization is required.</i>

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
Hospice Services must be provided by a Medicare-certified hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered outside of our plan. Contact us for more details.	\$0 copay	\$0 copay	\$0 copay
Outpatient rehabilitation services Services provided by an occupational therapist. Cost share applies to each Medicare-covered therapy visit. Separate cost share will apply for each type of therapy services rendered on the same day.	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>
Outpatient substance abuse services	In-Network \$40 copay <i>Prior Authorization is required.</i>	In-Network \$40 copay <i>Prior Authorization is required.</i>	In-Network \$40 copay <i>Prior Authorization is required.</i>
Prosthetic devices and related supplies	In-Network 20% coinsurance <i>Prior Authorization is required.</i>	In-Network 20% coinsurance <i>Prior Authorization is required.</i>	In-Network 20% coinsurance <i>Prior Authorization is required.</i>
Renal Dialysis Services	In-Network 20% coinsurance	In-Network 20% coinsurance	In-Network 20% coinsurance
Speech and Language Therapy Cost share applies to each Medicare-covered therapy visit. Separate cost share will apply for each type of therapy services rendered on the same day.	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>	In-Network \$20 copay per visit <i>Prior Authorization is required.</i>
Worldwide emergency coverage	\$90 copay	\$90 copay	\$90 copay

Extra Benefits

	Blue Advantage (HMO) 008-1	Blue Advantage (HMO) 008-2	Blue Advantage (HMO) 011
Health and wellness education programs	Members have access to a Fitness Facility Membership with fitness advisors onsite to assist and provide orientation to the facility. Members have access to over 11,000 facilities throughout the U.S. Home fitness kits offering a broad range of activity levels may be used by members who prefer exercise at home or while traveling.		
Over-the-counter benefit	You are eligible for a \$50 maximum benefit coverage amount loaded to your Blue Advantage Flex Card every three months to be used toward the purchase of over-the-counter (OTC) health and wellness products.		
Telehealth (online doctor visits)	\$0 copay Available 24/7 through BlueCare on a computer, tablet or smartphone. Primary Care Provider services only. Network restrictions may apply.		

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a Customer Service representative at 1-800-363-9152 (TTY users should call 711).

Understanding the Benefits

- The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit www.bcbsla.com/blueadvantage or call 1-800-363-9152 (TTY users should call 711) to view a copy of the EOC.
- Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- Review the formulary to make sure your drugs are covered.

Understanding Important Rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copayments/co-insurance may change on January 1, 2024.

If selecting Blue Advantage (HMO):

- Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).

If selecting Blue Advantage (PPO):

- Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you will pay a higher copay for services received by non-contracted providers.