

Understanding Important Plan Documents

Summary of Benefits

Your Blue Advantage coverage pays for provider services, medications and hospital care when you need it. Your plan also includes some wellness benefits and screenings at no additional cost. Your Summary of Benefits outlines the details of your coverage. It includes information about what services are covered, what's not covered and how much it will cost you in and out of the network. You can find the Summary of Benefits for your plan by visiting www.bcbsla.com/blueadvantage.

Your Summary of Benefits

Extra Benefits

Fitness benefit	Your plan provides a membership to FitOn Health, a fitness and health platform that provides access to a nationwide network of gyms, local fitness studios, and community centers. Monthly subsidies can be used to cover a variety of options - monthly gym membership with unlimited visits, fitness studio classes, and at-home fitness accessories and equipment. FitOn Health also includes unlimited access to a digital library of at-home workouts, nutrition and meal planning guidance, lifestyle advice, condition management courses, challenges and more.		
Over-the-counter benefit	You are eligible for a \$85 maximum benefit coverage amount loaded to your Blue Advantage Flex Card every three months to be used toward the purchase of over-the-counter (OTC) health-related items.	You are eligible for \$50 maximum benefit coverage amount loaded to your Blue Advantage Flex Card every three months to be used toward the purchase of over-the-counter (OTC) health-related items.	You are eligible for \$50 maximum benefit coverage amount loaded to your Blue Advantage Flex Card every three months to be used toward the purchase of over-the-counter (OTC) health-related items.
BlueCare Telehealth (online doctor visits)	\$0 copay Available 24/7 through BlueCare on a computer, tablet or smartphone. Primary Care Provider services only. Network restrictions may apply.		
Personal emergency response system (PERS)	\$0 copay	<u>Not</u> covered	<u>Not</u> covered
Additional Telehealth	Includes qualifying appointments with primary care providers, physician specialists, podiatrists, other healthcare professionals, dietitians, behavioral health providers, and occupational/physical/speech therapists.		